

A serene sunset over a lake with two swans. The sky is a mix of deep blue, purple, and orange, with soft clouds. The water is calm, reflecting the colors of the sky. In the distance, a dark line of trees and hills is visible. Two swans are swimming in the water, one slightly ahead of the other. The overall mood is peaceful and contemplative.

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365 DAYS OF  
PERSONAL  
DEVELOPMENT

DAILY MOTIVATIONAL QUOTES TO INSPIRE YOU

## **PREFACE**

Zig Ziglar once said, *“People often say that motivation doesn’t last. Well, neither does bathing, that’s why we recommend it daily.”* Hence, we need to reignite our souls every day with inspiring words to constantly fuel us with the mental vigour to soar in life.

But why words? Words have power! Mother Theresa agreed to this by saying, *“Kind words can be short and easy to speak but their echoes are truly endless.”* This reinstates the tremendous power of words and the strength of words lies not in the number but in the depth. Pythagoras puts this perspective by saying, *“do not say a little in many words, but a great deal in few.”*

Therefore, without a doubt, words have shaped lives and my life lays credence to this fact. Years ago, I would read and meditate on several quotes every day and gradually, I did not only master them as a Public speaker but it eventually changed my life because words influence thoughts and thoughts go ahead to influence actions.

Overtime, people have been fascinated by my speaking and writing prowess. By reason of this, I thought it wise to also share some of my favourite quotes to help you shape your life too after all, it is being said that, *“Kindness is like a barton. Once you receive it, you pass it on to the next person.”*

Consequently, in this book, **“365 days of Personal Development,”** I compiled my very best quotes into a daily devotional for one year. Nevertheless, let me warn you. Don’t just read these quotes alone but ensure that you read, reread, meditate, and digest it and in no time, it would begin to alter your thought patterns and actions. Edmund Burke paraphrases it this way, *“reading without reflecting is like eating without digesting.”* More so, the mind is like the stomach as it is not how much you put into it that counts, but how much it digests.

So as you digest the quotes in this book, I hope it transforms your life. Zig Ziglar puts it this way, *“You never know when a moment and a few words can have an impact on a life.”*

Dare to get inspired!

**Tosin Imhogiemhe**  
**Author/Pain Therapist**

# **365 DAYS OF PERSONAL DEVELOPMENT**

1. No one is useless but we tend to use our brains, talents and gifts less.
  - Tosin Imhogiemhe
  
2. Knowledge makes a man unfit to be a slave.
  - Frederick Douglas
  
3. If you want something so badly enough, you will find a way to get it. But if you don't, you will find an excuse.
  - Jim Rohn
  
4. If a man could have half of his wishes, he would double his troubles.
  - Benjamin Franklin
  
5. Men are anxious to improve their circumstances, but are unwilling to improve themselves; they therefore remain bound.
  - James Allen
  
6. When we are dead, seek not our tomb in the earth, but find it in the hearts of men.
  - Rumi
  
7. Our business in life is not to get ahead of others, but to get ahead of ourselves, to break our own records, to outstrip our yesterday by our today.
  - Stewart B. Johnson
  
8. If you leave your life to chance, you won't have a chance.
  - David Oyedepo
  
9. The only thing worse than being blind is having sight but no vision.
  - Hellen Keller
  
10. If there is no enemy within you, the enemy outside can do you no harm.
  - African Proverb
  
11. He that wrestles with us strengthens our nerves and sharpens our skill. Our antagonist is our helper.
  - Edmund Burke

12. Someone's sitting in the shade today because someone planted a tree a long time ago.
  - Warren Buffet
  
13. Short as life is, we make it still shorter by the careless waste of time.
  - Victor Hugo
  
14. Prayer does not change God, but it changes him who prays.
  - Soren Kierkegaard
  
15. I don't smoke but I keep a match box in my pocket. When my heart slips towards a sin, I burn a match stick and heat my palm. Then I say to myself 'Ali you can't bear even this heat, how would you bear the unbearable heat of hell.'
  - Mohammed Ali
  
16. It's not a question of learning much. On the contrary, it's a question of UNLEARNING much.
  - Osho
  
17. Your most unhappy customers are your greatest source of learning.
  - Bill Gates
  
18. Do not let Sunday be taken from you. If your soul has no Sunday, it becomes an orphan.
  - Albert Schweitzer
  
19. Losing your way on a journey is unfortunate. But losing your reason for the journey is a fate more cruel.
  - H. G. Wells
  
20. The problem with this world is that the intelligent people are full of doubts while the stupid ones are full of confidence.
  - Charles Bukowski
  
21. I fear not the man who has practiced 10,000 kicks once, but I fear the man who has practiced one kick 10,000 times.
  - Bruce Lee
  
22. Never throughout history has a man who lived a life of ease left a name worth remembering.
  - Theodore Roosevelt

23. It is the mark of an educated mind to be able to entertain a thought without accepting it.
  - Aristotle
  
24. Take risks: if you win, you will be happy; if you lose, you will be wise.
  - Anonymous
  
25. I never admired another's fortune so much that I became dissatisfied with my own.
  - Cicero
  
26. Choose a job you love and you will never have to work a day of your life.
  - Confucius
  
27. The deeds you do may be the only sermon some persons will hear today.
  - Francis of Assisi
  
28. 99% of failures come from people who make excuses.
  - George Washington
  
29. Ask not what your country can do for you; ask what you can do for your country.
  - John F. Kennedy
  
30. Even death is not to be feared by the one who lives wisely.
  - Buddha
  
31. Laziness is nothing more than the habit of resting before you get tired.
  - Jules Renard
  
32. Usually when people are sad, they don't do anything. They just cry over their condition. But when they get angry, they bring about a change.
  - Malcolm X
  
33. Everything we hear is an opinion, not a fact. Everything we see is a perspective, not the truth.
  - Marcus Aurelius

34. One who loses wealth loses much. One who loses a friend loses more. But one who loses courage loses all.
  - Miguel de Cervantes
  
35. If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward.
  - Martin Luther King, Jr.
  
36. If you're not learning while you're earning, you're cheating yourself out of the better portion of your compensation.
  - Napoleon Hill
  
37. The way to love anything is to realize that it may be lost.
  - Gilbert K. Chesterton
  
38. It is only because of problems that we grow mentally and spiritually.
  - Scott Peck
  
39. Each person must live their life as a model for others.
  - Rosa Parks
  
40. Earth provides enough to satisfy every man's needs, but not every man's greed.
  - Mahatma Gandhi
  
41. Educate the children and it won't be necessary to punish the men.
  - Pythagoras
  
42. Don't just read the easy stuff. You may be entertained by it, but you will never grow from it.
  - Jim Rohn
  
43. If you don't have reason for waking up, sleeping becomes interesting.
  - Linus Okorie
  
44. The darkest hour has only sixty minutes.
  - Morris Mande

45. Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change that we seek.  
- Barack Obama
46. No knowledge is ever useless because you cannot tell what door it would open for you tomorrow.  
- Ben Carson
47. A man who does not read good books has no advantage over the man who can't read them.  
- Mark Twain
48. Employ your time in improving yourself by other men's writings so that you shall come easily by what others have laboured hard for.  
- Socrates
49. Distraction is the destruction of your dream in slow motion.  
- Dale Bronner
50. Watch your thoughts, for they become words.  
Watch your words, for they become actions.  
Watch your actions, for they become habits.  
Watch your habits, for they become character.  
Watch your character, for it becomes your destiny.  
- Lao Tzu
51. If I have seen further than others, it is by standing upon the shoulders of giants.  
- Isaac Newton
52. Be not afraid of growing slowly; be afraid only of standing still.  
- Chinese Proverb
53. The people who were trying to make this world worse are not taking the day off. Why should I?  
- Bob Marley
54. By three methods we may learn wisdom:  
First, by Reflection which is Noblest;  
Second, by Imitation, which is the Easiest; and  
Third, by Experience, which is the Bitterest.  
- Confucius

55. It is not the strongest of the species that survives, nor the most intelligent that survives. It is the one that is the most adaptable to change.  
- Charles Darwin
56. Men are not prisoners of fate, but only prisoners of their own minds.  
- Franklin D. Roosevelt
57. You were not born to work for a living. You were born to live your making. When you live your making, it would make you a living.  
- Les Brown
58. We delight in the beauty of the butterfly, but rarely admit the changes it has gone through to achieve that beauty.  
- Maya Angelou
59. If a man hasn't found something he will die for, he isn't fit to live.  
- Martin Luther King Jr
60. We all would die someday. The goal isn't to live forever; the goal is to create something that will.  
- Chuck Palahniuk
61. The weak solve yesterday's problem today. The average solve today's problem today but the wise solve tomorrow's problem today.  
- Anonymous
62. A life spent making mistakes is not only more honourable, but more useful than a life spent doing nothing.  
- George Bernard Shaw
63. Pollution is nothing but the resources we are not harvesting. We allow them to disperse because we've been ignorant of their value.  
- R. Buckminster fuller
64. After a storm comes a calm.  
- Matthew Henry
65. Don't judge each day by the harvest you reap but by the seeds that you plant.  
- Robert Louis Stevenson



66. A knife cuts because it has a narrow focus.  
- Cleddie Keith
67. When we are no longer able to change a situation, we are challenged to change ourselves.  
- Viktor Frankl
68. Let your past be your Education, not your Definition.  
- Eugene Johnson
69. Focus more on constant progression, not constant perfection.  
- Bishop T.D. Jakes
70. You can have anything in this world, if you want it badly enough and you're willing to pay the price.  
- Mary Kay Ash
71. Everything you want is out there waiting for you to ask. Everything you want also wants you. But you have to take action to get it.  
- Jules Renard
72. If you think in terms of a year, plant a seed; if in terms of ten years, plant trees; if in terms of 100 years, teach the people.  
- Confucius
73. All you can do is all you can do. All you can do is enough but make sure you do all you can do.  
- Al Williams
74. People always blame their circumstances for what they are. I don't believe in circumstances. The people who get on in this world get up and look for the circumstances that they want and if they can't find them. They make them.  
- George Bernard Shaw
75. The fishermen know that the sea is dangerous and the storm terrible, but they have never found these dangers sufficient reason for remaining ashore.  
- Vincent van Gogh
76. People are rewarded in public for what they have practiced for years in private.  
- Tony Robbins

77. Men stumble on stones, not mountains.  
- The Mafia Manager
78. Whatever you do will be insignificant, but it is very important that you do it.  
- Mahatma Gandhi
79. Unless there is a Good Friday in your life, there can be no Easter Sunday.  
- Fulton Sheen
80. If you go to work on your goals, your goals will go to work on you. If you go to work on your plan, your plan will go to work on you. Whatever good things we build end up building us.  
- Jim Rohn
81. Never be afraid to try something new. Remember, amateurs built the ark, professionals built the Titanic.  
- Anonymous
82. The greatest threat to being all you could be is satisfaction with who you are. What you could do is always endangered by what you have done. There are millions of individuals who have buried their latent talents, gifts, and abilities in the cemetery of their last accomplishment  
- Myles Munroe
83. Failure is not falling to the ground. It is remaining there once you have fallen and the greatest failure is to decide never to stand up again.  
- Mohammed bin Rashid Al Maktoum
84. The only real mistake is the one from which we learn nothing.  
- Henry Ford
85. Your name is your brand and it should be known for something of great value.  
- Sam Adeyemi
86. Do not only read success stories. You will only get excited. But also read failure stories and you shall learn a major lesson in life.  
- Dr A.P.J. Abdul Kalam

87. You can motivate by fear, and you can motivate by rewards. But both of these methods are only temporary. The only lasting thing is Self-motivation.  
- Homer Rice
88. If a mistake is not a stepping stone, then it is a mistake.  
- Eli Siegel
89. There is only one corner of the universe you can be certain of improving, and that's your own self.  
- Aldous Huxley
90. It's not what you don't have that limits you, it's what you have but don't know how to use.  
- Steve Harris
91. Iron rusts from disuse; stagnant water loses its purity and in cold weather becomes frozen; even so does inaction sap the vigour of the mind.  
- Leonardo Da Vinci
92. In life, we won't get everything we fight for but for everything we get, it would be a fight.  
- Frederick Douglass
93. You will never truly realize God is all you need until He becomes all you have.  
- Mother Theresa
94. If your business is only to sweep a crossing, remember it is your duty to make that crossing the best swept of the world.  
- Visveraraya
95. I am thankful to all those who said NO to me. It's because of them I did it myself.  
- Albert Einstein
96. You don't have to be great to get started but you have to get started to be great.  
- Zig Ziglar
97. Pray as if your life depends on God. Work as if your life depends on you.  
- Augustine

98. Things work out best for those who make the best of how things work out.
  - John Wooden
  
99. Be miserable. Or motivate yourself. Whatever has to be done, it's always your choice.
  - Wayne Dyer
  
100. You've got to get up every morning with determination if you're going to go to bed with satisfaction.
  - George Lorimer
  
101. There is no chance, no destiny, no fate, that can hinder or control the firm resolve of a determined soul.
  - Ella Wheeler Wilcox
  
102. Only put off until tomorrow what you are willing to die having left undone.
  - Pablo Picasso
  
103. Death is not the greatest loss in life. The greatest loss is what dies inside us while we live.
  - Norman Cousins
  
104. When you stop chasing the wrong things, you give the right things a chance to catch you.
  - Lolly Daskal
  
105. Whenever you see a successful person, you only see the public glories, never the private sacrifices to reach them.
  - Vaibhav Shah
  
106. I firmly believe that any man's finest hour, the greatest fulfilment of all that he holds dear is that moment when he has worked his heart out in a good cause and lies exhausted on the field of battle- victorious.
  - Vince Lombardi
  
107. Judge a man not by his accomplishments but by what he had to overcome to achieve his accomplishments.
  - Booker T. Washington
  
108. To be successful you must accept all challenges that come your way. You can't just accept the ones you like.
  - Mike Gafka

109. Motivation is what gets you started. Habit is what keeps you going.
  - Jim Rohn
  
110. Learning without thinking is labour lost; thinking without learning is perilous.
  - Confucius
  
111. You can't connect the dots looking forward; you can only connect them looking backwards. So you have to trust that the dots will somehow connect in your future. You have to trust in something, your gut, destiny, life, karma, whatever. This approach has never let me down, and it has made all the difference in my life.
  - Steve Jobs
  
112. The most common way people give up their power is by thinking they don't have any.
  - Alice Walker
  
113. The sun himself is weak when he first rises, and gathers strength and courage as the day gets on.
  - Charles Dickens, *The Old Curiosity Shop*
  
114. Talent wins games, but teamwork and intelligence wins championships.
  - Michael Jordan
  
115. Do or do not. There is no try.
  - Yoda, *The Empire Strikes Back*
  
116. Always be a first-rate version of yourself, instead of a second-rate version of somebody else.
  - Judy Garland
  
117. There is only one way to avoid criticism. Say nothing. Do nothing. Be nothing.
  - Aristotle
  
118. If your actions inspire others to dream more, learn more, do more and become more, you are a leader.
  - John Quincy Adams
  
119. Opportunity is missed by most people because it is dressed in overalls and looks like work.
  - Thomas Edison

120. It is by going down into the abyss that we recover the treasures of life. Where you stumble, there lies your treasure.  
- Joseph Campbell
121. I am not a product of my circumstances. I am a product of my decisions.  
- Stephen Covey
122. "I'm bored" is a useless thing to say. I mean, you live in a great, big, vast world that you've seen no percent of. Even the inside of your own mind is endless; it goes on forever, inwardly, do you understand? The fact that you're alive is amazing, so you don't get to say "I'm bored."  
- Louis C.K
123. We can easily forgive a child who is afraid of the dark; the real tragedy of life is when men are afraid of the light.  
- Plato
124. Learn from the mistakes of others. You can't live long enough to make them all yourselves.  
- Chanakya
125. I attribute my success to this: I never gave or took any excuse.  
- Florence Nightingale
126. You can never cross the ocean until you have the courage to lose sight of the shore.  
- Christopher Columbus
127. Uncertainty is the only certainty there is, and knowing how to live with insecurity is the only security.  
- John Allen Paulos
128. You are not in this world to live up to other people's expectations, nor should you feel the world must live up to yours.  
- F Perl
129. How you do one thing, is how you do everything. Be aware.  
- Anonymous

130. Be more concerned with your character than your reputation, because your character is what you really are, while your reputation is merely what others think you are.  
- John Wooden
131. If you are irritated by every rub, how will you be polished?  
- Rumi
132. Great people, no matter their field, have similar habits. Learn them and use them in your own quest for greatness.  
- Paula Andress
133. Critical feedback is the breakfast of champions. Defensiveness is the dinner of losers.  
- Dharmesh Shah
134. You cannot control everything that happens to you; you can only control the way you respond to what happens. Your response is your power.  
- Anonymous
135. I learned that courage was not the absence of fear, but the triumph over it.  
- Nelson Mandela
136. Keep your face always toward the sunshine - and shadows will fall behind you.  
- Walt Whitman
137. Life is not a problem to be solved, but a reality to be experienced.  
- Soren Kierkegaard
138. Problems are not stop signs, they are guidelines.  
- Robert H. Schuller
139. The best preparation for tomorrow is doing your best today.  
- H. Jackson Brown, Jr.
140. If you set your goals ridiculously high and it's a failure, you will fail above everyone else's success.  
- James Cameron

141. If you are willing to do more than you are paid to do, eventually you will be paid to do more than you do.
  - Anonymous
  
142. What seems to us as bitter trials are often blessings in disguise.
  - Oscar Wilde
  
143. Start where you are. Use what you have. Do what you can.
  - Arthur Ashe
  
144. Any man can make mistakes, but only an idiot persists in his error.
  - Cicero
  
145. I find that the harder I work, the more luck I seem to have.
  - Thomas Jefferson
  
146. The successful man is the one who finds out what is the matter with his business before his competitors do.
  - Roy L. Smith
  
147. Things may come to those who wait, but only the things left by those who hustle.
  - Abraham Lincoln
  
148. If the only tool you have is a hammer, you tend to see every problem as a nail.
  - Abraham Maslow
  
149. Keep on going, and the chances are that you will stumble on something, perhaps when you are least expecting it. I never heard of anyone ever stumbling on something sitting down.
  - Charles F. Kettering
  
150. Don't wait. The time will never be just right.
  - Napoleon Hill
  
151. We don't laugh over the same joke again. Why do we worry over the same problems again?
  - Gaur Gopal Das



152. In a moment of decision, the best thing you can do is the right thing to do, the next best thing is the wrong thing, and the worst thing you can do is nothing.  
- Theodore Roosevelt
153. Bury me in the oceans with my ancestors that jumped from the ships because they knew that death was better than bondage.  
- Black Panther
154. If people did not do silly things, nothing intelligent would ever get done.  
- Ludwig Wittgenstein
155. You are not here merely to make a living. You are here in order to enable the world to live more amply, with greater vision, with a finer spirit of hope and achievement. You are here to enrich the world, and you impoverish yourself if you forget the errand.  
- Woodrow Wilson
156. One moment of action is worth more than a thousand years of deep thinking.  
- Anonymous
157. In the midst of movement and chaos, keep stillness inside of you.  
- Deepak Chopra
158. You may be disappointed if you fail, but you are doomed if you don't try.  
- Beverly Sills
159. I have realized that whatever good comes to me, comes from God, whatever bad comes to me, God has allowed it, and I choose to be thankful for both.  
- Jeff Goins
160. Whenever you feel a little stricken down in pain, think about this. The knife has to be sharpened by striking and rubbing it against something strong before it can become useful! You are going to be great after the struggles.  
- Israelmore Ayivor
161. The only thing necessary for the triumph of evil is for good men to do nothing.  
- Edmund Burke
162. Nothing in life is to be feared; it is only to be understood. Now is the time to understand more so that we may fear less.  
- Marie Curie

163. It's supposed to be hard. If it were easy, everyone would do it.  
- Jimmy Dugan
164. Ask yourself if what you're doing today will get you closer to where you want to be tomorrow.  
- Anonymous
165. Do not go where the path may lead, go instead where there is no path and leave a trail.  
- Ralph Waldo Emerson
166. We are what we repeatedly do. Excellence, then, is not an act, but a habit.  
- Aristotle
167. You only live once, but if you do it right, once is enough.  
- Mae West
168. Nothing is good or bad but thinking makes it so.  
- William Shakespeare
169. A smooth sea never made a skilled mariner.  
- English proverb
170. Circumstances do not make a man. They reveal him to himself.  
- James Allen
171. It's not the load that breaks you down, it's the way you carry it.  
- Lou Holtz
172. A child learns to walk and falls down 50 times. He never thinks to himself, *'maybe this is not for me'*.  
- Anonymous
173. Nothing can resist the human will that will stick even its existence on its stated purpose.  
- Benjamin Disraeli
174. The past cannot be changed. The future is yet in your power.  
- Mary Pickford

175. Do you know the world greatest lie? It's this: that at a certain point in our lives, we lose control of what's happening to us, and our lives become controlled by fate.  
- Paulo Coelho
176. Wanting to be someone you're not is a waste of the person you are.  
- Kurt Cobain
177. Don't worry about failures, worry about the chances you miss when you don't even try.  
- Jack Canfield
178. I have never in my life learned anything from any man who agreed with me.  
- Dudley Field Malone
179. If you don't build your dream, someone else will hire you to help them build theirs.  
- Dhirubhai Ambani
180. Fall seven times and stand up eight.  
- Japanese Proverb
181. There are no shortcuts to any place worth going.  
- Beverly Sills
182. A ship is safe in harbor, but that's not what ships are for.  
- William G.T. Shedd
183. A mind that is stretched by a new experience can never go back to its old dimensions.  
- Oliver Wendell Holmes Jr
184. If you spend too much time thinking about a thing, you will never get it done.  
- Bruce Lee
185. Be like the flower that gives fragrance even to the hand that crushes it.  
- Ali Ibn Abi Talib
186. It is impossible to live without failing at something, unless you live so cautiously that you might as well not have lived at all – in which case, you fail by default.  
- J.K. Rowling

187. Sometimes I want to ask God why He allows poverty, famine, and injustice when He could do something about it, but I'm afraid he might just ask me the same question.  
- Abdu'l-Baha
188. The first to apologize is the bravest. The first to forgive is the strongest. The first to forget is the happiest.  
- Anonymous
189. What would you attempt to do if you knew you could not fail?  
- Robert Schuller
190. It is never too late to be what you might have been.  
- George Eliot
191. Today I do what others won't, so that tomorrow I can accomplish what others don't.  
- Jerry Rice
192. One man with courage makes a majority.  
- Andrew Jackson
193. If an egg is broken by an outside force, life ends. If broken by an inside force, life begins. Great things always begin from the inside.  
- Jim Kwik
194. The greatest danger for most of us is not that our aim is too high and we miss it but that it is too low and we reach it.  
- Michelangelo
195. If your vision dies with you, you failed.  
- Myles Munroe
196. No matter how many mistakes you make or how slow you progress, you are still way ahead of everyone who isn't trying.  
- Tony Robbins
197. Pain is inevitable. Suffering is optional.  
- Buddhist proverb

198. There isn't anything noble about being superior to another person. True nobility is in being superior to the person you once were.  
- Ernest Hemingway
199. The things you do for yourself are gone when you are gone, but the things you do for others remain as your legacy.  
- Kalu Ndukwe Kalu
200. He who asks a question remains a fool for five minutes. He who does not ask remains a fool forever.  
- Chinese proverb
201. Even a clock that does not work is right twice a day.  
- Polish proverb
202. Even the finest sword plunged into salt water will eventually rust.  
- Sun Tzu
203. When you want to succeed as bad as you want to breathe, then you'll be successful.  
- Eric Thomas
204. Remember that not getting what you want is sometimes a wonderful stroke of luck.  
- Dalai Lama
205. How does one become a butterfly? You must want to fly so much that you are willing to give up being a caterpillar.  
- Trina Paulus
206. Life doesn't require that we be the best, only that we try our best.  
- H. Jackson Brown Jr
207. Strength does not come from winning. Your struggles develop your strengths. When you go through hardships and decide not to surrender, that is strength.  
- Arnold Schwarzenegger
208. There are better starters than me but I'm a strong finisher.  
- Usain Bolt

209. Make up your mind that no matter what comes your way, no matter how difficult, no matter how unfair, you will do more than simply survive. You will thrive in spite of it.  
- Joel Osteen
210. Ease is a greater threat to progress than hardship.  
- Denzel Washington
211. Sometimes you don't realize your own strength until you come face to face with your greatest weakness.  
- Susan Gale
212. Be ashamed to die until you have won some victory for humanity.  
- Horace Mann
213. You are not a drop in the ocean, you are an ocean in the drop.  
- Rumi
214. If you say you can or you can't you are right either way.  
- Henry Ford
215. Don't let making a living prevent you from making a life.  
- John Wooden
216. You don't have to burn books to destroy a culture. Just get people to stop reading them.  
- Ray Bradbury
217. Every man's life ends the same way. It is only the details of how he lived and how he died that distinguish one man from another.  
- Ernest Hemingway
218. Criticise the act, not the person.  
- Mary Kay Ash
219. Man knows so much but does so little.  
- R. Buckminster Fuller
220. The worst prison would be a closed heart.  
- Pope John Paul II

221. We are all self-made, but only the successful will admit it.  
- Earl Nightingale
222. Cause change and lead; accept change and survive; resist change and die.  
- Ray Norda
223. God created all men equal. Why do some accomplish far greater accomplishments than others? Because they had a vision, a desire, and they took action.  
- Thomas J. Vilord
224. Only those who risk going too far can possibly find out how far one can go  
- T.S. Eliot
225. The achievement of one goal should be the starting point of another.  
- Alexander Graham Bell
226. Money never starts an idea; it's the idea that starts the money.  
- Mark Victor Hansen
227. I always wonder why birds stay in the same place when they can fly anywhere on the earth. Then I ask myself the same question.  
- Harun Yahya
228. You can't learn in school what the world is going to do next year.  
- Henry Ford
229. Life is really simple, but we insist on making it complicated.  
- Confucius
230. The harder the conflict, the more glorious the triumph. What we obtain too cheap, we esteem too lightly: it is dearness only that gives everything its value.  
- Thomas Paine
231. What you get by achieving your goals is not as important as what you become by achieving your goals.  
- Goethe

232. Vision without action is daydream. Action without vision is nightmare.  
- Japanese Proverb
233. Some succeed because they are destined but most succeed because they are determined.  
- Anonymous
234. Experience is what you get when you don't get what you want.  
- Dan Stanford
235. People who are unable to motivate themselves must be content with mediocrity, no matter how impressive their other talents.  
- Andrew Carnegie
236. As a well spent day brings happy sleep, so a life well used brings happy death.  
- Leonardo Da Vinci
237. If you want to know your past - look into your present conditions. If you want to know your future look into your present actions.  
- Chinese proverb
238. It is not because things are difficult that we do not dare; it is because we do not dare that they are difficult.  
- Seneca
239. Blessed are those who can give without remembering and take without forgetting.  
- Elizabeth Bibesco
240. Failure cannot cope with persistence.  
- Napoleon Hill
241. Most people can do extraordinary things if they have the confidence or take the risks. Yet most people don't. They sit in front of the telly and treat life as if it goes on forever.  
- Philip Andrew Adams
242. Life's most urgent question is: what are you doing for others?  
- Martin Luther King, Jr.



243. Life is not lost by dying; life is lost minute by minute, day by dragging day, in all the thousand small uncaring ways.  
- Stephen Vincent Benet
244. We first make our habits, and then our habits make us.  
- John Dryden
245. We do not see things as they are. We see them as we are.  
- Talmud
246. Just because a diamond is still in the dirt does not mean it's not a diamond. Just because your life is plagued by circumstances does not mean you are not destined for greatness.  
- Tosin Imhogiemhe
247. The function of leadership is to produce more leaders, not more followers.  
- Ralph Nader
248. The power of man's virtue should not be measured by his special efforts, but by his ordinary doings.  
- Blaise Pascal
249. Some men have thousands of reasons why they cannot do what they want to, when all they need is one reason why they can.  
- Willis Whitney
250. What counts is not necessarily the size of the dog in the fight - it's the size of the fight in the dog.  
- Dwight D. Eisenhower
251. The greatest mistake you can make in life is to be continually fearing that you will make one.  
- Elbert Hubbard
252. A man is not finished when he's defeated; he's finished when he quits.  
- Richard M. Nixon
253. If you do the things you need to do when you need to do them, then someday you can do the things you want to do when you want to do them.  
- Zig Ziglar

254. Knowing is not enough; we must apply. Willing is not enough; we must do.  
- Johann von Goethe
255. When the student is ready, the master appears.  
- Buddhist proverb
256. Too many parents make life hard for their children by trying, too zealously, to make it easy for them.  
- Johann von Goethe
257. Courage doesn't always roar. Sometimes courage is the little voice at the end of the day that says I'll try again tomorrow.  
- Mary Anne Radmacher
258. Failure is an event, never a person; an attitude, not an outcome.  
- Zig Ziglar
259. If you wait, all that happens is that you get older.  
- Mario Andretti
260. There are two educations. One should teach us how to make a living and the other how to live.  
- John Adams
261. Nothing is more expensive than a missed opportunity.  
- H. Jackson Brown Jr.
262. Before you speak, listen. Before you write, think. Before you spend, earn.  
Before you invest, investigate. Before you criticise, wait. Before you pray, forgive.  
Before you quit, try. Before you retire, save. Before you die, give.  
- William A. Ward
263. We must not, in trying to think about how we can make a big difference, ignore the small daily differences we can make which, over time, add up to big differences that we often cannot foresee.  
- Marian Wright Edelman

264. Things don't go wrong and break your heart so you can become bitter and give up. They happen to break you down and build you up so you can be all that you were intended to be.  
- Charles "Tremendous" Jones
265. When a man points a finger at someone else, he should remember that four of his fingers are pointing at himself.  
- Louis Nizer
266. Too many people overvalue what they are not and undervalue what they are.  
- Malcolm Forbes
267. Hard work without talent is a shame, but talent without hard work is a tragedy.  
- Robert Half
268. You aren't wealthy until you have something money can't buy.  
- Garth Brooks
269. Those who make the worst use of their time are the first to complain of its shortness.  
- Jean de la Bruyere
270. Learning is finding out what we already know. Doing is demonstrating that you know it. Teaching is reminding others that they know just as well as you. You are all learners, doers, and teachers.  
- Richard Bach
271. Seek first to understand and then to be understood.  
- Steven Covey
272. The only disability in life is a bad attitude.  
- Scott Hamilton
273. Share your knowledge. It is a way to achieve immortality.  
- Dalai Lama XIV
274. The illiterate of the 21st century will not be those who cannot read and write, but those who cannot learn, unlearn, and relearn.  
- Alvin Toffler

275. You have power over your mind - not outside events. Realize this, and you will find strength.  
- Marcus Aurelius
276. The mediocre teacher tells. The good teacher explains. The superior teacher demonstrates. The great teacher inspires.  
- William Arthur Ward
277. Anyone can do something when they want to do it. Really successful people do things when they don't want to do it.  
- Dr. Phil
278. Life is 10% what happens to us and 90% how we respond to it.  
- Lou Holtz
279. In matters of style, swim with the current; In matters of principle, stand like a rock.  
- Thomas Jefferson
280. Don't let life discourage you; everyone who got where he is had to begin where he was.  
- Richard L. Evans
281. You gain strength, courage and confidence by every experience in which you stop to look fear in the face.  
- Eleanor Roosevelt
282. He who has a why to live can bear almost anyhow.  
- Friedrich Nietzsche
283. Our background and circumstances may have influenced who we are, but we are responsible for who we become.  
- Barbara Geraci
284. When you were born, you cried and the world rejoiced. Live your life so that when you die, the world cries and you rejoice.  
- Cherokee Expression
285. A lie has speed, but truth has endurance.  
- Edgar J. Mohn

286. A wise man adapts himself to circumstances as water shapes itself to the vessel that contains it.  
- Chinese Proverb
287. Abilities wither under faultfinding, blossom with encouragement.  
- Donald A. Laird
288. Constant dripping hollows out a stone.  
- Lucretius
289. Don't ask for a light load, but rather ask for a strong back.  
- Anonymous
290. Education means inspiring someone's mind, not just filling their head.  
- Katie Lusk
291. Failures don't plan to fail; they fail to plan.  
- Harvey Mackay
292. If the going is real easy, beware, you may be headed downhill.  
- Anonymous
293. In the practice of tolerance, one's enemy is the best teacher.  
- Dalai Lama
294. It is amazing how much people can get done if they do not worry about who gets the credit.  
- Sandra Swinney
295. Life can only be understood backwards; but it must be lived forwards.  
- Soren Kierkegaard
296. Make no mistake, my friend, it takes more than money to make men rich.  
- P. Gouthey
297. Deep within men dwell the slumbering powers, powers that would astonish him, that he never dreamed of possessing; forces that would revolutionize his life if aroused and put into action.  
- Orison Swett Marden

298. What lies behind us and what lies before us are tiny matters compared to what lies within us.  
- Ralph Waldo Emerson
299. Whether you think you can or think you can't - you are right.  
- Henry Ford
300. If you waste my time, you commit murder but if you waste your time, you commit suicide. Time is life and life is time. That is why it is called LIFETIME.  
- Fela Durotoye
301. You have not lived until you have done something for someone who can never repay you.  
- John Bunyan
302. You may have to fight a battle more than once to win.  
- Margaret Thatcher
303. You must tolerate that which you cannot change.  
- Spanish Proverb
304. Rough spots sharpen our performance. And more often than not, obstacles can be turned into advantages. You just can't let your disappointment get in the way.  
- Harvey Mackay
305. The gem cannot be polished without friction, nor man be perfected without trials.  
- Danish Proverb
306. The grand essentials of happiness are: something to do, something to love, and something to hope for.  
- Allan K. Chalmers
307. We make a living by what we get; we make a life by what we give.  
- Winston Churchill
308. What happens to a man is less significant than what happens within him.  
- Louis L. Mann

309. Nearly all men can stand adversity, but if you want to test a man's character, give him power.  
- Abraham Lincoln
310. Pay no attention to what the critics say; no statue has ever been erected to a critic.  
- Jean Sibelius
311. People don't care how much you know, until they know how much you care.  
- Theodore Roosevelt
312. Remember when you see a man at the top of a mountain, he didn't fall there.  
- Anonymous
313. A child only educated at school is an uneducated child.  
- George Santayana
314. What we know is only a drop but what we do not know is an ocean.  
- Isaac Newton
315. Unless you try to do something beyond what you have already mastered, you will never grow.  
- Ralph Waldo Emerson
316. Let others lead small lives, but not you. Let others argue over small things, but not you. Let others cry over small hurts, but not you. Let others leave their future in someone else's hands, but not you.  
- Jim Rohn
317. The tragedy of life doesn't lie in not reaching your goal. The tragedy lies in having no goal to reach.  
- Benjamin E. Mayes
318. The minute you settle for less than you deserve, you get even less than you settled for.  
- Maureen Dowd
319. Failure is the opportunity to begin again more intelligently.  
- Henry Ford

320. It takes as much energy to wish as it does to plan.  
- Eleanor Roosevelt
321. There is no such thing as a problem without a gift for you in its hands. You seek problems because you need their gifts.  
- Richard Bach
322. Dream as if you'll live forever, live as if you'll die today.  
- James Dean
323. If you do not change direction, you may end up where you're heading.  
- Lao Tzu
324. The cave you most fear to enter contains the greatest treasure.  
- Joseph Campbell
325. The tragedy of life is not found in failure but complacency. Not in you doing too much, but doing too little. Not in living above your means, but below your capacity. It's not failure but aiming too low, that is life's greatest tragedy.  
- Benjamin E. Mayes
326. While one person hesitates because he feels inferior, the other is busy making mistakes and becoming superior.  
- Henry C. Link
327. Let everyone sweep in front of his own door, and the whole world will be clean.  
- Johann Wolfgang von Goethe
328. Formal education will make you a living; self-education will make you a fortune.  
- Jim Rohn
329. Open your arms to change, but don't let go of your values.  
- Dalai Lama
330. Half of your power lies in your sameness with others. The other half lies in your uniqueness.  
- Alan Cohe



331. To know that we know what we know, and to know that we do not know what we do not know, that is true knowledge.  
- Copernicus
332. It is easy to dodge our responsibilities, but we cannot dodge the consequences of dodging our responsibilities.  
- Sir Josiah Stamp
333. I have never met a man so ignorant that I couldn't learn something from him.  
- Galileo Galilei
334. If you aspire to the highest place, it is no disgrace to stop at the second, or even the third, place.  
- Cicero
335. In the end, it's not the years in your life that count. It's the life in your years.  
- Abraham Lincoln
336. No matter how big the lie; repeat it often enough and the masses will regard it as the truth.  
- John F. Kennedy
337. Action not backed by knowledge and knowledge not translatable into action, both cannot stand the test of time.  
- Pandurang S. Athavale
338. All the forces in the world are not as powerful as an idea whose time has come.  
- Victor Hugo
339. No matter what we want of life, we have to give up something in order to get it.  
- Raymond Holliwell
340. Consult not your fears but your hopes and your dreams. Think not about your frustrations, but about your unfulfilled potential. Concern yourself not with what you tried and failed in, but with what it is still possible for you to do."  
- Pope John XXIII
341. Strength does not come from physical capacity. It comes from an indomitable will.  
- Mahatma Gandhi

342. A dream is just a dream. A goal is a dream with a plan and a deadline.  
- Harvey Mackay
343. The more you seek security, the less of it you have. But the more you seek opportunity, the more likely it is that you will achieve the security that you desire.  
- Brian Tracy
344. A musician must make music, an artist must paint, and a poet must write if he is ultimately to be at peace with himself. What one can be, one must be.  
- Abraham Maslow
345. Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, ambition inspired, and success achieved.  
- Helen Keller
346. Begin somewhere; you cannot build a reputation on what you intend to do.  
- Liz Smith
347. Beware of little expenses. A small leak will sink a big ship.  
- Benjamin Franklin
348. If I had eight hours to chop down a tree, I'd spend six hours sharpening my axe.  
- Abraham Lincoln
349. Each problem that I solved became a rule, which served afterwards to solve other problems.  
- Rene Descartes
350. Every worthwhile accomplishment, big or little, has its stages of drudgery and triumph; a beginning, a struggle and a victory.  
- Mahatma Gandhi
351. Not how long, but how well you have lived is the main thing.  
- Seneca
352. You see things and say, "*Why?*" But I dream of things that never were and say "*Why not?*"  
- George Bernard Shaw

353. Dreams don't work unless you do.  
- John C. Maxwell
354. The only limit to our realization of tomorrow will be our doubts of today.  
- Franklin Roosevelt
355. Give a man a fish and you feed him for a day. Teach a man to fish and you feed him for a lifetime.  
- Lao Tzu
356. You can't produce a baby in one month by getting nine women pregnant.  
- Warren Buffet
357. There are two primary choices in life: to accept conditions as they exist, or accept the responsibility for changing them.  
- Dr. Denis Waitley
358. There is nothing impossible to him who would try.  
- Alexandra The Great
359. When an army is about to lose a war, the first thing they lose is their confidence.  
- Anonymous
360. Every saint has a past and every sinner has a future.  
- Oscar Wilde
361. To do something you have never done, you have got to become someone you have never been.  
- Les Brown
362. It is not your conditions, but your decisions that determine your destiny.  
- Tony Robbins
363. Education is the kindling of a flame, not the filling of a vessel.  
- Socrates
364. However how many holy words you read, however how many you speak, what good will they do to you if you don't act upon them?  
- Buddha

365. The greatest among you would be your servant.  
Jesus Christ (Matthew 23:11)

366. If you take one vital step each day, by the end of the year, you would have taken 365 steps to change your life.  
Tosin Imhogiemhe

## ABOUT THE AUTHOR

Tosin Imhogiemhe is a Best-selling Author, Pain Therapist, Emotional Intelligence Expert and Public Speaker whose oratorical bent has endeared him to Schools, Churches, NGOs and Corporate Organisations.

His other books include;

**PAIN IS A GIFT** and

**TREASURE IN MY TRASH**



You can get **PAIN IS A GIFT** on

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